



Sunbeams Menu Week Two



	Breakfast	Lunch	Snack	Tea
Monday	Wholemeal Toast Selection of Cereals	Ratatouille Baked Potatoes and Mozzarella Eve's Pudding and Custard	Soft Carrot Sticks Houmous	Tuna and Sweetcorn Wholemeal Pasta Salad Selection of Fruit
Tuesday	Wholemeal Toast Selection of Cereals	Chicken Noodle Surprise Peas and Sweetcorn Raspberry Puree with Fromage Frais	Banana	Stuffed Egg Mayonaise Pittas Soft Carrot and Pepper Batons Homemade ginger biscuit
Wednesday	Wholemeal Toast Selection of Cereals	Fish Pie with Sweet Potato Topping Swede and Cauliflower Seasonal Fruit Salad	Buttered Cream Crackers Cheese Spread	Spaghetti Wholemeal Toast Fromage Frais
Thursday	Wholemeal Toast Selection of Cereals	Broccoli and Lentil Pasta Green Beans Carrot Cake	Rice Cakes Cucumber Batons	Selection of Sandwiches Cucumber and Celery Sticks Stewed Fruit and Yoghurt
Friday	Wholemeal Toast Selection of cereals	Pork and Apple Casserole Boiled New Potatoes Carrots Semolina with Blackberry Compote	Melon	Savoury Omlette Cucumber and Cheese Banana and Raisin Flapjack

